



CATHOLIC SCHOOL ATHLETIC ASSOCIATION
1949 GOLDSMITH LANE, SUITE 101, LOUISVILLE, KY 40218
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July 15, 2017

To all Athletic Directors and Cross Country Coordinators:

PRACTICE Cross Country practice may begin July 24 for 1st through 8th grades. All boys and girls are eligible for participation even if they are involved in other fall sports such as Football or Volleyball.

CHAMPIONSHIP MEET The season will conclude with the CSAA Championship Meet for the 5th through 8th grades on Tuesday, October 3. All races will be held at E.P. "Tom" Sawyer Park located at 3000 Freys Hill Rd.

DIVISIONS

The Senior division will consist of 7th and 8th grade girls and boys races each covering a distance of 3000 meters.

The Junior division will consist of 5th and 6th grade girls and boys races each covering a distance of one mile.

First through fourth grade students are not eligible for the Junior and Senior Divisions.

TEAMS Teams will consist of all runners from the parish. The finishing places of the first four runners from each parish will combine for the team total. Parishes may also enter individual runners if there are not enough to create a team. Awards will be given on team and individual basis.

ENTRY FEE The entry fee of \$8 per competitor will be billed directly to the parish by the CSAA.

FUN RUN A Fun Run for the 1st through 4th grades will be held on Monday, October 2 also at E.P. "Tom" Sawyer Park. The Fun Run will be divided into separate boys and girls races. The 3rd - 4th grade division will race 3/4 mile. The 1st - 2nd grade race will cover 1/2 mile. The entry fee of \$3.00 per runner will be billed directly to the parish by the CSAA.

OTHER MEETS Parishes are welcome to conduct their own or participate in dual, triangular and/or invitational meets prior to the CSAA Championship.

COACHES MEETING A Mandatory meeting for Cross Country coaches will take place Monday July 17th at 5:30 PM in the CSAA Office at 1949 Goldsmith Ln. #101.

ADDITIONAL INFORMATION More information is available on the CSAA website under the "2017 Cross Country Info and Rules" heading.

Looking forward to the season.

Joe Buechler,
CSAA Cross Country Coordinator

Rick Arnold,
CSAA Executive Director