

2017

CSAA CROSS COUNTRY INFORMATION AND RULES

LOUISVILLE CSAA CHAMPIONSHIP The 2017 meet will be held on Tuesday, October 3 at E. P. "Tom" Sawyer Park, 2800 Freys Hill Road 40241. The Fun Meet will be at the same location on Monday, October 2.

CSAA CHAMPIONSHIP SCHEDULE

<u>Start</u>	<u>Grades</u>	<u>Gender</u>	<u>Distance</u>
6:00	5th - 6th	Girls	1.00 mile
6:15	5th - 6th	Boys	1.00 mile
6:30	7th - 8th	Girls	3000 meters
6:50	7th - 8th	Boys	3000 meters

FUN RUN SCHEDULE

6:00	1st - 2nd	Girls	0.50 mile
6:15	1st - 2nd	Boys	0.50 mile
6:30	3rd - 4th	Girls	0.75 mile
6:45	3rd - 4th	Boys	0.75 mile

TEAM SIZE A parish must compete with a minimum of four runners to receive a team score. There is no limit to the number of runners a parish may enter. Parishes may enter fewer than four runners but their finishing places will not count toward a team score. Schools may not merge teams.

TEAM SCORING

<u>Place</u>	<u>First</u>	<u>Second</u>	<u>Third</u>	<u>Fourth</u>	<u>Fifth</u>	<u>Etc.</u>
Points	1	2	3	4	5	Etc.

All competitors who finish the race shall be ranked and tallied in accordance with the above table. Up to seven team members retain their order of finish. Any team members beyond seven shall not displace any opposing runners. The team score shall then be determined by totaling the scores of the first four runners of each team. The team which scores the fewest number of points is the winner.

Ties in team scoring shall be resolved by comparing the fifth place finishers from the tying teams. The team with the best fifth place finisher shall prevail. If one team does not have a fifth place finisher, the team with the fifth place finisher shall prevail.

COMPETITOR IDENTIFICATION Each runner will be assigned a unique bib number to be worn on the front of his/her uniform. This number will contain a chip. Upon crossing the finish

line, the chip pad will record each number - and the corresponding finish place and time - and automatically upload it into the race computer.

THESE RACE NUMBERS MUST BE RETURNED UPON COMPLETION. FAILURE TO DO SO WILL RESULT IN A \$10 FEE FOR EACH UNRETURNED NUMBER.

RACE RESULTS Finishing places, times and team scores will be automatically determined using the above systems.

FINALS Each race is a final. There are no heats or classes.

STARTING LINE PROCEDURES Each team will be assigned its own starting box prior to the meet and will retain the same box for all races. The boxes will be equidistant to the first turn and of the same size - which should generally allow three to four competitors to be positioned directly on the starting line. Additional team members will fill in behind the front runners.

RULES The meet will generally be governed by the rules of the National Federation of State High School Associations.

PRACTICE The earliest starting practice date is July 24, 2017. CSAA rules apply regarding practice time.

UNIFORMS All teams must wear matching shirts.

COURSE MARKINGS Each course will be marked with a variety of flags, ropes, cones and paint. Race officials - as available - will be posted at strategic junctures along the route.

AWARDS Trophies will be awarded to Champion, Runner-Up and Third Place teams. Medals will be presented to the first three finishers. Ribbons will be given to the first 20 individuals.

DIVISION ELIGIBILITY RULES Participants must run in the division as dictated by their grade. A 5th or 6th grade runner may not compete on a 7-8th grade team.

TEAM ENTRY Entries will be submitted via the KYTrackXC.com website. Enter the full team roster. The race fee will only be charged for those who compete. Entries are due by Monday September 25.

SPIKES Spikes are not allowed.

COURSE LOCATION The course is located in the southeast corner of Sawyer Park. Follow signs to the BMX track. NOTE - THIS IS NOT THE MAIN PARK ENTRANCE.

PARKING Primary parking areas are the paved BMX lot and the grass field directly across from the course. DO NOT PARK ON THE GRASS ANYWHERE IN THE PARK OTHER THAN IN THE DESIGNATED FIELD.

TENTS Tents are allowed anywhere other than on the actual courses and in the open area around the finish line.